



## Appendix 1 Community Planning Quarterly Briefing June 2017

Welcome to this quarterly community planning briefing designed to give everyone involved with *Caerphilly Delivers - The Single Integrated Plan 2013-2017* an overview of progress on delivering the priorities of the five outcomes: Prosperous Caerphilly; Safer Caerphilly; Learning Caerphilly; Healthier Caerphilly and Greener Caerphilly. Information has been supplied by the officers coordinating delivery on the outcomes, so please feel free to get in touch directly with the named officers for further information.

**Community Planning (Alison Palmer & Paul Cooke)**

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### CAERPHELLY COUNTY BOROUGH ASSESSMENT OF LOCAL WELL-BEING

Central to the Caerphilly county borough approach in undertaking the Future Generations assessment of local well-being has been engaging with our Caerphilly Public Services Board partner organisations, Compact Partners through our Compact Agreement with the third sector, local people and communities. The *Caerphilly We Want* conversation kicked off at the Caerphilly Local Service Board Standing Conference on 22<sup>nd</sup> March 2016.

The Caerphilly Public Services Board agreed six issues for response analysis at its meeting of the 7<sup>th</sup> March 2017. Public Services Board member organisations have supported in depth analysis of the six selected areas. A common template was used for each area, and the response analyses will be used to develop the priorities for collaborative action for the Well-being Plan 2018-2023. In total 37 issues for consideration were drawn out of the local assessment of well-being.

The PSB is required to set Well-being Objectives that will maximise its contribution to the well-being goals, and set the steps it intends to take to meet these objectives. There is a statutory duty to seek the advice and assistance of the Commissioner for a 14-week period in developing the Well-being Plan.

**Healthier Caerphilly (Tracey Deacon, Public Health Wales)**

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### The Daily Mile.

The Daily Mile initiative is building momentum quickly in Caerphilly County Borough. Through a partnership between Welsh Government, CCBC Policy Unit, Sport Caerphilly, Welsh Network of Healthy Schools, Public Health Wales and The Daily Mile Cymru – Children Fit for Life website, primary school pupils are becoming active.

Please contact the relevant co-ordinator if you require further information on any of the above or Community Planning, Penallta House Tredomen Park, Ystrad Mynach CF82 7PG



The aim of The Daily Mile is simple – to get children (and CCBC staff) fit by running (or walking) for 15 minutes a day. Headteacher, Elaine Wyllie, founded The Daily Mile in Stirling, Scotland, to tackle the obesity and poor levels of fitness of the children in her school. The Daily Mile will improve the physical, emotional and social health and wellbeing of our children – regardless of age or personal circumstances. It is a profoundly simple but effective concept, which any primary school can implement. Its impact can be transformational- improving not only the childrens' fitness, but also their concentration levels, mood, behaviour and general wellbeing.

9 primary schools are already signed up to this initiative and their pupils are completing The Daily Mile every day – that is around 1900 individuals. The schools are : Bryn Primary, Cwmaber Infants, Fochriw Primary, Hendre Junior, Hendredenny Park Primary, Pontllanfraith Primary, Trinant Primary, Ty Isaf Infants, Ysgol Gynradd Gymraeg Caerfilli.

Caerphilly County Borough Council is making a short film with some of these schools to provide advice and guidance to other schools on how to embrace this initiative into the school's routine.

Pupils and teachers at Fochriw Primary have been filmed by the BBC not only completing The Daily Mile but also linking back into the curriculum. Watch the video at : <http://www.bbc.co.uk/news/uk-wales-39205235>. Fochriw Primary have embraced the concept whole heartedly and created their own Smile Around the MUGA project. They also received the Healthy Living Pride In Your Place Award in Jan 2017 for their Smile Around the MUGA project.

In March 2017, The Daily Mile was officially launched by Welsh Government in Pontllanfraith Primary. Team GB weightlifter Michaela Breeze and sprinter Christian Malcolm, adventurer Tori James, Public Health Minister Rebecca Evans, founder of The Daily Mile Elaine Wyllie, and head of physical activity at Public Health Wales Robert Sage, were all encouraging schools to sign up. Watch the video at : <http://www.wales.nhs.uk/sitesplus/888/news/44458>

Bryn Primary adopted The Daily Mile after pupils and staff successfully worked together to run a full marathon distance to raise money for Sports Relief.

Hendredenny Park Primary have an impressive Twitter page dedicated to their Daily Mile @hddpdailymile Their Walk, Skip, Run and Smile initiative often sees the children working out where on the map their combined distance travelled will get them too, venturing outside the school gates and measuring the distance by chicken eggs !

### **Move a Mile a Day**

Staff within Caerphilly County Borough Council were supported to Move a Mile a Day in an initiative that ran for 6 weeks.

Studies say it takes between 21 to 30 days to break old habits and create new ones. This 6 week challenge encouraged staff to create healthy new habits that increase their health and well being and help loose any unwanted pounds gained over the winter.

Staff were challenged to walk, jog, swim, dance or exercise a mile a day and capture it via the Strava App. The initiative was not about who moves the most but about moving a mile a day or completing an activity a day for 42 days.

73 staff took part in the challenge with many stating that they were going to continue with their new active lifestyle as they could already see the benefits.

**Improve the level of basic skills and the number of achieved qualifications (formal and non-formal) to improve the life opportunities for families.**

The number of children attending Flying Start childcare requiring bespoke language support packages has decreased in 2016/17 which could be as a result of increased take up of community based language groups before they transitioned to childcare (Pop in and Play). These community based groups are continuing in 2017/18 but have been re-launched as Tiny Talkers in Flying Start areas and Little Voices for Families First referrals in non-Flying Start areas, to emphasise the importance of language acquisition.

The JAFF (Joint Assessment Family Framework) has gone live during March 2017 with further access to training planned across the sectors for referrals and Families First services available.

**Develop a multi-agency approach to address the impact of poverty on pupil attainment.**

Flying Start has increased the caseload reach to 2555 children aged 0-3 years at March 2017 due to increasing birth rates, and has had a cumulative reach to 2925 individual children aged 0-3 during 2016/17 of which 632 were new births and 509 were movements into area.

The new 3&4 year old childcare offer for working families will be developed in Mid Valleys East community planning area of Caerphilly borough, as an Early Implementer from Sept 2017. This project will aim to work in partnership with Employability programmes to remove childcare as a barrier to employment. More details will be in future papers as the scheme becomes developed.

**Ensure children, young people and families have the skills and resources to access job opportunities.**

There is a range of ESF and Welsh Government funded employment support programmes delivered across the Caerphilly borough. Due to the variety of support available it was important for the ESF steering group to gain an insight into delivery, targets and aim to prevent duplication or misunderstanding for providers. The full breakdown including targets is attached to the document at the end. Some providers have been unable to share their descriptors or targets to date but this may be due to some yet to be finalised.

At the end of this section there are two case studies which highlight some of the initial successes of two of the CCBC run projects.

**Bridges into Work 2**

Support is provided for participants who are aged 25 and over and either long term unemployed or economically inactive.

Participants benefit from individual support in order to write a CV, increase their confidence and self-esteem, complete applications forms, gain a range of qualifications, gain a voluntary placement in a work related environment and move into employment. Advisors meet participants in libraries and community centres as near to their homes as possible.

The operation also runs employability workshops where participants receive support with telephone techniques, application forms, and interview skills.

To date the operation has successfully supported 37 participants into volunteering placements and 30 participants into employment.

## **Bridges into Work Case Study**

Participant C enrolled and started working with the project in March 2016. He previously had a diverse range of work over the years from warehouse, retail and catering but felt that he wanted a change in career. Over the past few years he has been supporting his parents and grandparents with daily chores such as shopping, cleaning, washing and taking them on local trips.

C found that he was suited to care work and wanted to follow this career path. Once he was enrolled onto the project, we researched what care work entailed and looked at what courses would be beneficial to enable him to gain employment.

In less than a year C has completed and achieved a range of courses from Food Safety, Manual Handling, Conflict Management, Control of Substances Hazardous to Health (COSHH), Food Safety, Emergency First Aid, POVA & Safeguarding Training, Customer Service Training and Dementia Awareness Training.

C started volunteering placement on a Monday and Tuesday at Twyncarn Day Centre in Risca at the end of September. After he completed the placement the centre co-ordinator was very positive regarding his skills. Feedback from placement, "C has excellent attendance and time keeping skills. He is always polite and kind to individuals. C spends time with individuals encouraging them to participate in activities to include scrabble, dominoes, reading newspapers etc. C supports staff with serving teas and coffees in the morning and lunchtime serving meals. C has been hard-working, reliable and an enthusiastic individual, who has gelled so well with both the established team and the individuals attending the centre".

The manager has found C to be extremely reliable that she has asked him could he volunteer on additional days, which he is always more than happy to do. C's confidence has grown during this placement and has continued to do voluntary work at the centre after the placement was completed.

A Day Services Assistant post has just come up at the centre and with support C has applied for the job.

C was offered and interview and was successful in gaining employment at the day centre.

## **Working Skills for Adults 2**

Support is provided for participants over the age of 16 who live or work in the borough who would like to gain qualifications to progress in their current role or change their jobs.

### **Working Skills for Adults 2 case study**

Y is a mother of two who was pursuing a career as a teaching assistant. When I met her she was in the process of completing the CACHE course in college. Y was also working full time night shifts in Asda in order to generate some income for her family.

Y had very low confidence and felt that she was not ready for a career as a teaching assistant. Therefore, we had to do a great deal of 1:1 work on building up Y's confidence and getting her to recognise her capabilities. Y achieved a number of qualifications through Working Skills for Adults, which would help her secure employment.

I worked with Y to build her CV and to develop a cover letter that she could then adapt to apply for teaching assistant jobs. After submitting an application to a primary school where Y was on placement, they offered her a job. She is now working as a full time teaching assistant.

To date across both projects we have supported a total of 380 participants who have gained the following qualifications:

63 Food Safety, 55 Health & Safety, 84 First Aid, 41 Customer Service, 6 CSCS cards, 49 Manual Handling, 15 Conflict Management, 38 CoSHH (Control of Substance Hazardous to Health), 9 Security Guarding, 13 PoVA & Safeguarding, 25 Employability Workshops, 18 Paediatric First Aid, 2 Infection Control, 38 Personal Licence, 1 Underage Sales Prevention 1 PAT testing

### **Inspire 2 Work**

A new exciting operation, Inspire 2 Work is just starting in Caerphilly. It will work with 16- 24 year olds who are NEET, providing 1-1 support to help them gain qualifications and move into education or work.

Inspire 2 Work is an exciting project for people in South East Wales funded by a grant from the European Social Fund.

It is available to all young people aged 16-24 who are not in education, training or employment and live in a non-Communities First area.

It provides a boost to individuals and opportunities for improving skills in areas that are in demand by employers. The aim is to help over 300 young people in Caerphilly into sustainable education, training or employment by April 2019.

The project is currently supporting 15 young people.

## **Safer Caerphilly (Natalie Kenny)**

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### **Project Bernie**

Planning regarding Project Bernie 2017 took place in March/April. The Project is based on a social marketing concept, which aims to reduce deliberate grass fires by addressing behaviours and attitudes within the community. The project has run in the last five years in the Bargoed area with great success. This year the project was extended into the Caerphilly area.

Activities were run in Graig-Y-Rhacca as well as Bargoed over the Easter Holiday period. The project involved a multi-agency response to the problem and included an advertising and marketing campaign, patrols of the areas and numerous youth activities, which focused on addressing the problem of deliberate grass fires.

The project officially launched at Asda Caerphilly on 7<sup>th</sup> April 2017 and was attended by CSP Staff, Youth Service, SWFRS & Gwent Police. The following serves as a summary of the event:

- 441 signatures from members of the public were obtained supporting the project, showing support of the Project;
- A total of 5 days of youth diversionary activities were run – 4 days at the Hanger in Aberbargoed and a 1 day pilot at Graig-Y-Rhacca Community Centre;
- Multi-agency patrols took place over the two week period of Easter in the Caerphilly South and Caerphilly North areas;
- A total of 152 young people engaged over the 5 days of activities. (128 in Aberbargoed, 24 in Graig-Y-Rhacca);
- Activities included: Arts & crafts, soap making, football, DJ skills creating the Bernie Rap, climbing wall, keyring making, impact football, mug designing, pool tournament to name a few. All are combined with delivering the underlying message of the consequences of deliberate grass fires.

## **Prevent/Channel**

The Safer Caerphilly Community Safety Partnership Team has allocated funding to hold a number of training sessions for education staff on Prevent, which is part of the Home Office's Counter Terrorism Strategy. Recent legislation changes state that all frontline staff should be trained regarding the Prevent agenda.

The Partnership has been continuing to arrange and deliver, with the help of an external provider, awareness raising sessions which are provided FREE to attendees. Currently the training is being offered to the Education Directorate. The course will meet the statutory duty of the Prevent agenda.

The course lasts for four hours and is run by a specialist external provider. It considers the ideologies of the Far Right, Far Right Extremism and Islamic Extremist groups. The aim of the training is to:

- Raise awareness of the UK Governments Counter Terrorism Strategy
- What the 'duty' under the Counter Terrorism & Security Act 2015 means to Education Services (WG Respect and Resilience)
- Raise awareness of the Prevent strategy and effective partnership working to prevent violent radicalisation
- Enhance knowledge of vulnerability factors and pathways to violent radicalisation
- Enhance knowledge of Far Right Extremism and Islamic Extremist ideologies including history, grooming and symbolism
- Explore the effect of extremist ideologies on young people in both national and local contexts

Training has been delivered to over 280 front line staff members from within the Education Directorate to date, with a further 10 training sessions planned for May/June to other frontline staff.

Work is also continuing on developing policy around PREVENT.

## **Caerphilly Community Wellbeing Forum**

The newly created Caerphilly Community Wellbeing Forum is still in its infancy and has been created to combine both **Partnership Tasking** and **Victim Problem Solving Group** meetings.

Inspector Andy O'Keefe has been nominated as the Chair and Terms of Reference are yet to be agreed. Work continues on updating a relevant members list as some people may have moved on or they may be able to recommend others who would benefit from the process.

The purpose of the Community Wellbeing Forum is to identify those individuals or areas that are impacting on partner's service delivery through repeat calls for service or areas of repeat incidents that negatively impact on community confidence and satisfaction in our organisations.

By identifying Offenders / Repeat Victims /callers and areas, we can adopt a collaborative approach to problem solving in the short, Medium and Long Term.

Partners, being professionals in their own areas of work are asked to nominate their Top 3 Persons/ Locations that have been identified as impacting through highest demand, and that have been identified as suitable for a collaborative approach i.e. (Hate/ Disability Crime & Incidents/ Repeat Victims / Repeat locations (ASB) / Repeat Offenders / Neighbour Disputes).

The Wellbeing Forum will have born in mind and work towards the five criteria that make up the Wellbeing of Future Generations Act 2015 Sustainable Development Principle, which in turn will help meet the seven goals.

Long-term thinking - balancing short-term needs with safeguards to meet long-term needs.

Prevention - actions to prevent problems getting worse.

Integration - considering how your objectives may impact on those of others.

Collaboration - Working with other bodies (which may include third sector organisations) that can help you meet their goals.

Involvement - involving people and communities with an interest in helping you meet your objectives, and reflecting the diversity of the people in their area.

**Greener Caerphilly (Paul Cooke & Tracy Evans)**

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## **Outcome G1 – Improving local environmental quality**

### **Healthy Rivers programme**

The Healthy Rivers programme has been continued into 16/17, with partners actively working on projects across the county borough. In partnership with Keep Wales Tidy, Fochriw Primary School took part in a whole school environmental project called the Salmon Story. The project involved fieldwork, river sampling, monitoring biodiversity and they successfully cleaned up the local river ready with the help of the local community. The pupils successfully raised their salmon eggs in their classroom, before releasing their salmon fry into the local river in the village.

### **Pride in your Place awards**

The 2016 Pride in your Place awards encouraged 62 community groups, schools and individuals to shout about their environmental projects and enter the 2016 awards. Winners included Tyn Y Wern Primary School (Go Wild category), The Wild Bunch (Best Kept Area category) and Fochriw Primary School (Healthy Living Category), to name a few. The Pride in Your Place Awards is an initiative that acknowledges the endeavour, innovation and commitment of those who have helped to make our area cleaner, safer and greener and a better place to live and work.

## **Outcome G2 – Reducing the causes of, and adapting to the effects of Climate Change**

### **Sirhowy Valley Honey BEES (Bees Educating Eco Schools)**

With support from the Greener Caerphilly small grants fund, a partnership project has installed an interactive viewable bee hive house in the school grounds of Ynysddu Primary School. The hive house has a viewing area and a separate hive area, with 3 hives. The project is the first of its kind in Wales and the UK, and during 2016 over 750 pupils visited the centre to participate in a workshop to learn about the importance of pollinators and honeybees.

The local community are also able to work with the bee keeper at the centre during the school holidays to take part in informal workshop sessions, to learn the same skills as the pupils.

The Sirhowy Valley Honeybee Bees project won the 2016 Pride in your Place best Community Project, as well as taking the overall project award, making them the 2017 Pride in your Place winner.

### **Caerphilly Solar Schools**

Funding has been secured to install solar PV systems on seven schools in the Caerphilly County Borough. This will include six 4kW systems and one 10kW system, to promote renewable technology and support schools incorporating renewable technology and energy efficiency into the curriculum. Work is currently underway and the installations will be complete in the next few months.

## **G3. Maximising the use of the environment for health benefits**

### **Caerphilly Ridgeway Challenge Series**

The Caerphilly Ridgeway Challenge Series organised by Caerphilly's walking steering group. The challenge attracted over 500 walkers, taking part in the 5 to 22 mile challenge routes.

The project is also supported by Get Going 9!, which aims to increase participation in walking and broadening and building on the success of the existing Get Going project. Existing groups are maintained and supported, while encouraging them to upskill themselves with appropriate training and adopting and creating new walking groups into the scheme. The project has a total of 2,079 walkers, 592 of which are newly registered walkers. They have had a total of 8,891 attendees on walks, with 520 led walks from the 8 walking groups established.

## **Equalities (Anwen Rees)**

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### **Welsh Language Standards**

**Welsh Language Standards** – The work being undertaken at Caerphilly County Borough Council to ensure compliance with the Welsh Language Standards continues. Developments to date include –

- A work programme has been put together to address the key Standards where service areas come into direct contact with members of the public. The progress of the work programme is fed back to Corporate Management Team (CMT) on a quarterly basis.
- Promotional material including posters, pop-ups and desk information stands have been developed to raise awareness of the Welsh Language Standards and to aid members of staff on how to provide a telephone greeting when answering the telephone etc.
- The Equalities and Welsh Language Portal on the Council's Intranet site has been revamped to include all functions of the Corporate Policy Unit. Ten useful Factsheets have been created and published on the site to assist members of staff with how to interpret some of the Standards through daily work functions e.g. Event Planning and Public Announcements, Correspondence, Telephone Greetings and Public Meetings. We have also published voice recordings on the portal so that staff can listen to how words and phrases are pronounced in Welsh.

**Five Year Welsh Language Strategy 2017-2020** – The strategy was approved by Full Council on 24<sup>th</sup> January 2017. Work is now taking place on how to monitor and work together in delivering the actions within the strategy. The strategy will be officially launched at Ffiliffest at Caerphilly Castle on Saturday 17<sup>th</sup> June 2017 by Alun Davies AM – Minister for Lifelong Learning and Welsh Language.



**Pride Cymru 2017** – Caerphilly County Borough Council will have a presence at Pride Cymru 2017. This will be the third successive year that the Council has worked in partnership with local authorities from South and West Wales to have a stand to promote our work and to engage with visitors to the event, but in particular the LGBT community, which is a hard to reach group. The event will take place outside City Hall in Cardiff on the 26<sup>th</sup> and 27<sup>th</sup> August.

## 50+ Positive Action (Mandy Keenan)

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### **Caerphilly County Borough 50+ forum**

- The forum has drafted responses to a range of consultations including transport, the Welsh government Dementia Strategy, the White paper on reforming local government,
- The forum worked with Commissioner for Wales' officer to improve the consultation process for the Commissioner's Report on GP Services in Wales from Older Peoples perspective.
- The forum had a positive and constructive meeting with our new Member Older People's Champion Cllr Barbara Jones and are already looking at ways they can work together to support older people across the borough more proactively
- Their [Natter That matters newsletters](#) are proving very popular with the summer edition due out shortly

### **Living Longer Ageing Well**

- The Simon say campaign goes from strength to strength. We now have a collection of 5 "Simon Says" cartoons, some of which are on the CCBC bin trucks and we regularly send out via social media and other formats to support residents to Live longer and age well. If you would like to download the cartoons and use them via our new [50+ Positive Action](#) page on the Caerphilly County Borough Council's Website.
- We attended both the Big Cheese and South Wales armed forces day events as a partner on the Caerphilly Armed forces forum stand. This gave us the chance to talk informally to lots of residents and signpost them to advice and information.
- Caerphilly County Borough Council Corporate management team have agreed to facilitate front facing staff to become Dementia friends. The roll out of the training programme will commence over the summer

### **Dignity, Respect and Age Equality**

We would encourage you all to make use of the FREE resources via our [50+ Positive Action](#) page on the Caerphilly County Borough Council's Website. For example there are is a 'Tidy Gin' games pack with quizzes, word search & Dignity Scrabble and our Dignity Do's & don'ts Snakes & Ladders game. All the resources you need can be down loaded from the website. If you would like to use our 3mx3m snakes and ladders ground sheet style games for an event over the summer then please give us a call.

For more information please contact Mandy Keenan on 01443 864277 or email [Keenam@caerphilly.gov.uk](mailto:Keenam@caerphilly.gov.uk)